

Site	Date	Day	Time	Topic	Instructor
Schiller Park	October 8	Wednesday	10:30 AM	Fall Prevention	Bradley Hopkins
Schiller Park	October 22	Wednesday	10:30 AM	Benefits Bingo!	Moirra Mycio
Schiller Park	October 29	Wednesday	10:30 AM	Where's the Beef? Vegetarian Cooking for even the most Committed Carnivore	Erie County Department for Aging Nutrition Team
Schiller Park	November 5	Wednesday	10:30 AM	Healthy Living for Your Brain and Body	Courtney Sipes
Schiller Park	November 21	Friday	10:30 AM	Men's Health Decoded: What Every Man Over 40 Should Know But Was Never Told	Joyce O'Riley
Schiller Park	December 3	Wednesday	10:30 AM	Family Court & Grandparent Legal Issues	Paul Buchanan