## West Seneca Class Schedule UE Spring 2025

Site	Day	Date	Time	Topic	Instructor
West Seneca	Monday	May 5	1 PM	Rocks and Minerals	Paul Moretti
West Seneca	Monday	May 12	1 PM	Superstitions and Magical Thinking	Phil Stevens
West Seneca	Friday	May 16	10 AM	Save Energy, Save Dollars Workshop	Carla Rosa
West Seneca	Friday	May 23	10 AM	Low Back Pain Management	Depew Health Center
West Seneca	Friday	May 30	1 PM	Real Story of Prohibition	Harriet Grayson
West Seneca	Friday	June 6	10 AM	Transforming Anxiety into Peaceful Flow	Sherry Lyn Hartel
West Seneca	Monday	June 23	1 PM	No Allergens, No Problem	Erin Mahoney

West Seneca	Monday	June 30	1 PM	Greeting Card	Cindy Solly
West Seneca	Monday	July 14	1 PM	Connecting You to Key Services	Moira Mycio
West Seneca	Tuesday	July 15	1 PM	Healthy Living for Your Brain & Body	Chelsea Toralski