University Express Spring 2025 - Southtowns Pod
Hamburg

Site	Day	Date	Time	Topic	Instructor
Hamburg	Thursday	May 1	10:30 AM	Medication Management for Seniors	Sarah Hopseker
Hamburg	Monday	May 5	1 PM	Beat the Heat	Pati Aine Guzinski
Hamburg	Tuesday	May 6	10:30 AM	Connecting You to Key Services	Moira Mycio
Hamburg	Friday	May 9	1 PM	Sparrows, Seeds, & Safety	Pati Aine Guzinski
Hamburg	Tuesday	May 13	1 PM	Superstitions and Magical Thinking	Phillip Stevens
Hamburg	Wednesday	May 14	1 PM	Healthy Living for your Brain & Body	Chelsea Torgalski
Hamburg	Thursday	May 15	1 PM	You're gonenow what ?	Jim Bardot
Hamburg	Friday	May 16	10:30 AM	Basic of Medicaid and Long-Term Care	Jean Harris
Hamburg	Thursday	May 22	10:30 AM	Family Court Explained & Grandparent Legal Issues	Paul Buchanan
Hamburg	Monday	May 27	10:30 AM	The Gardens at Murder Creek: Restoration and Biodiversity	Kathleen Contrino