

Site	Day	Date	Time	Topic	Instructor
Baptist Manor	Wednesday	May 21	2 PM	Transforming Anxiety into Peaceful Flow	Sherry Lyn Hartel
Baptist Manor	Friday	June 13	2 PM	Emergency Preparedness for Seniors	Pati Aine Guzinski
Baptist Manor	Weds	July 9	2 PM	Healthy Living for Brain and Body	Claire Corwin