

Site	Day	Date	Time	Topic	Instructor
Hamburg	Thursday	October 3	1:00 PM	<u>Understanding & Coping with Depression</u>	Mark O'brien
Hamburg	Monday	October 7	1:00 PM	Cancer Education Services	Lisa Milewski
Hamburg	Wednesday	October 9	10:30 AM	Reach Out to 911	Elizabeth Forkl & Andrew Marts
Hamburg	Tuesday	October 15	1:00 PM	Weathering the Storm	Pati Aine Guzinski
Hamburg	Monday	October 21	10:30 AM	Mastering Cash Apps: Navigating the Digital Financial Frontier	Adam Goldfarb
Hamburg	Friday	October 18	10:30 AM	Spot that Scam! By Being an Educated Consumer	Jennifer Andres
Hamburg	Tuesday	October 22	1:00 PM	Winter Sowing and Native Plants	Dr. Kathleen Contrino
Hamburg	Thursday	October 24	10:30 AM	Be Choosy when Choosing a Caregiver	Renee Pratt
Hamburg	Friday	November 1	10:30 AM	Books and Censorships: History Repeats Itself	Linda Drajem
Hamburg	Wednesday	November 6	10:30 AM	Breathing Techniques and Performance	Victoria Szymula

Hamburg	Friday	November 8	10:30 AM	<u>Early History of the Sisters of Mercy and Mercy Hospital in South Buffalo</u>	Peggy Gorman
Hamburg	Tuesday	November 12	1:00 PM	<u>Get Where You are Going!</u>	Pati Aine Guzinski
Hamburg	Thursday	November 14	1:00 PM	History of the North Tonawanda Amusement	Marissa Seib
Hamburg	Tuesday	November 19	10:30 AM	<u>Managing Money: A Caregiver's Guide to Finances</u>	Chelsea Torgalski
Hamburg	Thursday	December 5	10:30 AM	Brews & Bites	Tim Herzog