

Autumnwood	Wednesday	10/9/24	1:00 PM	Meditative Self Healing	Janet Deese/Jill O'Hara
Autumnwood	Monday	10/28/24	1:00 PM	Getting Comfortable with Death Talk	Amber Sastry
Autumnwood	Wednesday	10/30/24	1:00 PM	Body Wisdom: A Self Care Workshop for Caregivers	Victoria Fann
Autumnwood	Thursday	11/7/24	12:00 PM	Erie County Key Services - Connecting You with What You Need to Know	Moria Mycio
Autumnwood	Wednesday	11/20/24	1:00 PM	Ask the Genealogist	Rhonda Hoffman
Autumnwood	Wednesday	11/25/24	1:00 PM	What Your Survivors Need to Know - Creating a Legacy Document	Jim Bardot
Autumnwood	Wednesday	12/4/24	1:00 PM	Understanding Alzheimer's and Dementia	Alzheimer's Assoc

