

Cheektowaga Senior Center 3349 Broadway Cheektowaga 14227 Phone: 716-686-3930					
Site	Day	Date	Time	Topic	Instructor
Cheektowaga	Tuesday	7-May	10:00 AM	Meditation for Beginners	Jennifer Johnson
Cheektowaga	Wednesday	8-May	1:00 PM	An Introduction to Decluttering & Home Organizing	Debbie Hamm
Cheektowaga	Thursday	9-May	10:00 AM	What happens After We Flush?	Joe Fiegl
Cheektowaga	Tuesday	14-May	10:00 AM	IPhone Photography	Quishara Williams
Cheektowaga	Tuesday	14-May	1:00 PM	Bourbon in Buffalo & Beyond	Joe Mattimore
Cheektowaga	Wednesday	15-May	10:00 AM	What is Memory & How to Keep it	Thomas Rosenthal MD
Cheektowaga	Thursday	16-May	10:00 AM	Propaganda images in Art & Advertising	Jean Serusa
Cheektowaga	Wednesday	22-May	10:00 AM	Microbiology for the Non-Scientist Part 1	John Shields
Cheektowaga	Wednesday	22-May	1:00 PM	The Sullivan Family of Waterloo, Iowa	Shane Stephenson
Cheektowaga	Thursday	23-May	10:00 AM	The Olympics	Theresa Wiater

Cheektowaga	Tuesday	28-May	1:00 PM	Beer Styles & Cultures	Tim Herzog
Cheektowaga	Tuesday	4-Jun	10:00 AM	Buffalo Sporting Life	Joe Wasik
Cheektowaga	Wednesday	5-Jun	1:00 PM	Sex in the Garden	Jane Vohwinkel
Cheektowaga	Thursday	6-Jun	10:00 AM	Kleinhans Music Hall	Denise Prince
Cheektowaga	Tuesday	11-Jun	1:00 PM	Balance is key: A guide to Fall Prevention	Eric Weisansal
Cheektowaga	Wednesday	12-Jun	10:00 AM	Microbiology for the non-scientist Part 2	John Shields
Cheektowaga	Thursday	13-Jun	10:00 AM	Understanding PSA	Bill Krellner
Cheektowaga	Wednesday	26-Jun	10:00 AM	Electric Vehicles	Reed Braman
Cheektowaga	Wednesday	10-Jul	10:00 AM	QiGong for stress relief	Susanne Rosinski
Cheektowaga	Wednesday	10-Jul	1:00 PM	Hidden History	John Horan
Cheektowaga	Thursday	11-Jul	10:00 AM	Navigating the Challenges of Long-Term Care	Susan Fenster