

Amherst Senior Center 370 John James Audubon Pkwy. Amherst 14228 Phone: 716-636-3051					
Site	Day	Date	Time	Topic	Instructor Name
Amherst	Tuesday	10/3/23	2:00 PM	Buffalo's First Physician and Pioneer Advocate	Dr. Thomas Rosental
Amherst	Thursday	10/5/23	2:00 PM	Understanding and Coping with Anxiety	Mark O'Brien
Amherst	Thursday	10/5/23	6:00 PM	iphone Photography Tips	Quishara Williams
Amherst	Friday	10/6/23	2:00 PM	A Nostalgic Journey Through Buffalo History with High School & College Yearbooks	Dr. William Greco
Amherst	Tuesday	10/10/23	2:00 PM	Propaganda Images in Art and advertising	Jean Serusa

Amherst	Tuesday	10/10/23	6:00 PM	In the Shadow of the White Oak: Facts behind the Fiction	Roseanne Higgins
Amherst	Wednesday	10/11/23	2:00 PM	The Latest News in China	Faizan Haq
Amherst	Thursday	10/12/23	6:00 PM	Vaccines: What You Need to Know	Shauna Zorich
Amherst	Friday	10/13/23	2:00 PM	Heroes and Heroines in American Literature and Film	Bob Butler
Amherst	Tuesday	10/17/23	2:00 PM	History of Buffalo Roadways: From Footpaths to Roundabouts	Kenneth Kuminski
Amherst	Wednesday	10/18/23	2:00 PM	The History of Beer in Buffalo	Timothy Herzog
Amherst	Thursday	10/19/23	2:00 PM	Celebrate Grant (Home Run) Johnson	Howard Henry
Amherst	Friday	10/20/23	2:00 PM	Self Defense for Seniors - Awareness, Prevention, techniques	Sister Judith Beiswanger
Amherst	Tuesday	10/24/23	2:00 PM	Cold Case Mysteries in Concord/Springville	E. Jolene Hawkins

Amherst	Tuesday	10/24/23	4:00 PM	Books...A Journey from Antwerp to Buffalo	Mary Ann Kedron
Amherst	Wednesday	10/25/23	2:00 PM	Identity Theft and Credit	Jennifer Andres
Amherst	Thursday	10/26/23	2:00 PM	My House is Giving Me a Vibe	Rhonda Hoffman
Amherst	Friday	10/27/23	2:00 PM	Financial Strategies for Sustainable Retirement	Adam Goldfarb
Amherst	Wednesday	11/1/23	2:00 PM	Ask the Correct Financial Questions to Empower Yourself	Les Robinson
Amherst	Thursday	11/2/23	2:00 PM	Writing, Literature, Delivering a Eulogy	Jim Banko
Amherst	Thursday	11/2/23	6:00 PM	Special UE Haunted Event "The Ghosts of Buffalo, New York!"	Tim Shaw
Amherst	Friday	11/3/23	2:00 PM	Winter Holiday Safety for You and Your Pets	Pati Aine Guzinski
Amherst	Tuesday	11/7/23	2:00 PM	Edison. The Myths. The Truth.	Francis Lestingi
Amherst	Wednesday	11/8/23	2:00 PM	Brainstormers - "No Future"	Brainstormers
Amherst	Thursday	11/9/23	2:00 PM	The Hands That Rocked the Cradles: Mothers of U.S. Presidents	Linda Czuba Brigance

Amherst	Thursday	11/9/23	6:00 PM	Linguistics and the States	Kae Savar
Amherst	Tuesday	11/14/23	2:00 PM	Buffalo Scandals: The Death of John Love	Ryan Gadzo
Amherst	Tuesday	11/14/23	6:00 PM	What Your Survivors Need to Know	Jim Bardot
Amherst	Wednesday	11/15/23	2:00 PM	The Dionne Quintuplets	Theresa Waiter
Amherst	Thursday	11/16/23	6:00 PM	Western New York Frists (and a couple of seconds)	Alan Nowicki
	Friday	11/17/23	2:00 PM	Photography's Invention & Prehistory with The CEPA Gallery	Nate Ely
Amherst	Wednesday	11/22/23	2:00 PM	Staying Safe Online	<u>David Stott</u>
Amherst	Tuesday	11/28/23	2:00 PM	Brain Health	Jennifer Johnson
Amherst	Wednesday	11/29/23	2:00 PM	Who Did What on the Avenue	Marla Bujnicki
Amherst	Thursday	11/30/23	2:00 PM	Planning Your Next Trip	Lai Yeng Bajus
Amherst	Tuesday	12/5/23	6:00 PM	Lewis and Clark: Opening the American West	Doug Koher

Amherst	Wednesday	12/6/23	2:00 PM	Buffalo's East Side Industries	Shane Stephenson
Amherst	Friday	12/8/23	2:00 PM	Influential Buffalo Women	Rick Falkowski
Amherst	Tuesday	12/12/23	2:00 PM	Strengthening the Canine-Human Relationship	Dawn Bellere