

Town of Newstead Recreation Wraps Up an Exciting Week 3!

Week 3 of the Town of Newstead Summer Recreation Program was another fantastic week filled with learning, creativity, teamwork, and plenty of fun! Participants stayed active, made new friends, and continued creating lasting summer memories through a variety of engaging activities.

This week's core value focused on Honesty. Throughout the week, recreation staff encouraged participants to demonstrate honesty in their words and actions, emphasizing the importance of telling the truth, taking responsibility, and building trust.

Our Sport of the Week was Basketball. Participants practiced fundamental basketball skills, including dribbling, passing, shooting, and teamwork, while enjoying a variety of fun games and friendly competitions that helped build confidence and sportsmanship.

In Arts & Crafts, participants celebrated Christmas in July with a variety of festive projects. Children created beautiful paper snowflakes, designed and decorated colorful cut-out ornaments, and personalized snap bracelets to take home. Their creativity and excitement made it feel like a little bit of the holiday season in the middle of summer!

During Gym Time, participants stayed active with energetic games of Capture the Flag, Dodgeball, and Gaga Ball. These activities promoted teamwork, strategy, communication, and lots of laughter while giving everyone an opportunity to stay moving and have fun with friends.

In Aquatics, participants continued working on and developing their swimming skills while building confidence in the water. Swimmers practiced jumping from the diving board and enjoyed playing the classic pool game Mr. Fox, combining skill development with fun, interactive activities in the pool.

This week's field trip took participants to **Destroyer Park Golf**, where everyone enjoyed a fun morning & afternoon of golf and spending time together outside the recreation setting. The trip provided another great opportunity for participants to build friendships, make lasting memories, and enjoy one of our community's local attractions.

A special thank you to Chris and Kris at Destroyer Park Golf for their warm hospitality and for providing such a fun, welcoming experience for our recreation participants. We truly appreciate your support of our community and helping make this field trip a memorable one!

As we head into Week 4, we're excited to continue the fun! Participants will focus on our next core value, Passion, while exploring our Sport of the Week: Clubs & Rackets. We'll also begin preparing our Recreation T-shirts for the exciting Newstead Recreation Department Olympics, which will take place during the final week of Summer Recreation. Our participants are also looking forward to this week's exciting field trip to Darien Lake, where they'll enjoy a day of rides, attractions, and making even more unforgettable summer memories.

Thank you to all of our families for your continued support. We look forward to another week filled with Fitness, Friends, and Fun for Everyone!