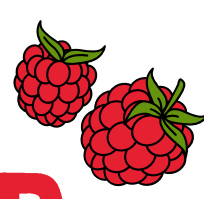


ERIE GROWN JULY NEWSLETTER



Inside this e-newsletter, you will find:

- What's in Season?
- Seasonal Produce Highlight
- U-Pick Farms
- 2026 Farmers Markets and Mobile Markets in Erie County
- Erie Grown Passport Reminder
- Current and Upcoming Events

What's in Season?

This is the time of year when fresh fruits and vegetables are widely available from Erie County farms. In the coming weeks, strawberries, raspberries, and blueberries are all in season, offering a short window when they can be found fresh and locally grown at the same time. As the season progresses, corn will soon be "knee-high by the Fourth of July," with peak sweet corn availability arriving in August.

Residents can find seasonal produce at farm stands, farmers markets, and u-pick farms across the County. To locate nearby growers, visit Erie Grown and search by type of produce to find local farms and markets.

The following fruits and vegetables are typically in season in Erie County during July:

- Apples
- Beet Greens
- Beets
- Blueberries
- Broccoli
- Brussel Sprouts
- Cabbage
- Cantaloupe
- Carrots
- Collard Greens
- Garlic
- Green Beans
- Lettuce
- Mustard Greens
- Onions
- Peaches
- Peas
- Peppers
- Plums
- Potatoes
- Radishes
- Raspberries
- Snap Beans
- Spinach
- Strawberries
- Summer Squash
- Sweet Cherries
- Swiss Chard
- Tart Cherries
- Tomatoes
- Turnip Greens
- Zucchini

VISIT ERIE GROWN

Seasonal Produce Highlight

Did you know that July is National Blueberry Month? Blueberries are a nutrient-dense fruit, providing fiber, vitamin C, vitamin K, manganese, and potassium, while being low in sodium and fat-free.

Blueberries are at their peak in July across Erie County, making this one of the best times of year to enjoy them locally.

When selecting blueberries, look for berries with smooth, unbroken skin and a deep blue to nearly black color with a natural dusty coating. Store unwashed in the refrigerator and rinse just before eating. For best flavor, serve at room temperature.

FIND LOCAL BLUEBERRIES



U-Pick Farms

Visiting a U-pick farm is a staple of summer in Erie County. U-pick farms typically charge by the pound or by container and allow visitors to harvest fresh produce and flowers directly from the fields. It's always best to confirm a location is open before visiting because availability is often limited.

It's a fun seasonal activity that also offers a closer connection to where food comes from and the work involved in growing and harvesting it.

Below are several U-pick farms in Erie County:

- Blueberry Treehouse Farm, 1897 Davis Road, West Falls
- Hen-Hawk Acres, 13439 Genesee Road, Chaffee
- Henry's Gardens, 7884 Sisson Highway, Eden
- Greg's U-Pick Farm, 9270 Lapp Road, Clarence Center
- Gunner Gardens, 13851 Whitney Road, Holland
- Kelkenberg Farm, 9270 Wolcott Road, Clarence Center
- The Flower Stand, 13187 Vaughn Street, Springville
- Thorpe's Organic Family Farm, 12866 Route 78, East Aurora

FIND U-PICK FARMS

2026 Farmers Markets and Mobile Markets in Erie County



2026 FARMERS MARKETS IN Erie County	
1 Alden Farmers Market June 1 - Sept. 28 Mon. 4:30pm-7pm Alden Town Park, Alden Facebook	11 Kenmore Farmers Market June 21 - Oct. 25 Sun. 9am-1pm 2919 Delaware Ave, Kenmore villageofkenmore.org
2 Clarence Hollow Farmers Market June 7 - Oct. 25 Sat. 8am-1pm 1443 Clinton St., Buffalo clarencefarmersmarket.com FMNP	12 Rooted in the Park Farmers Market June 6 - Sept. 26 Sat. 9am-1pm MLK Jr. Park, Buffalo rootedinloveinc.com
3 Clinton Bailey Farmers Market Year Round Summer 8am-5pm 1443 Clinton St., Buffalo clintonbaileyfarmersmarket.com SNAP, FMNP, DUFB	13 Market at the Martin House June 25 - Sept. 24 Thurs. 5pm-8pm 125 Jewett Parkway, Buffalo martinhouse.org
4 Delavan-Grider Farmers Market May 28 - Late Sept. Thurs. 4pm-8:30pm 877 E Delavan Ave., Buffalo SNAP, FMNP, DUFB	14 Mrs. Nash's Garden Basket June 2 - Oct. 13 Tues. 4pm-6pm 36 Nash St., Buffalo michiganstreetbuffalo.org
5 Downtown Country Market June 4 - Oct. 15 Thurs. 10am-2pm 1443 Clinton St., Buffalo www.buffaloplaza.com SNAP, FMNP, DUFB	15 Providence Farm Collective June 27 - Oct. 24 Sat. 10am-2pm 130 Grant St., Buffalo providencefarmcollective.org SNAP, FMNP, DUFB
6 East Aurora Farmers Market May 2 - Nov. 25 Wed. & Sat. 7am-1pm 115 Riley St., East Aurora eastaurorafarmersmarket.com FMNP	16 South Buffalo Farmers Market June 7 - Sept. 27 Sun. 9am-1pm 34 Benwood Ave., Buffalo southbuffalofarmersmarket.com
7 Elmwood Village Farmers Market May 9 - Nov. 25 Sat. 8am-1pm Bicknell Pkwy., Buffalo elmwoodmarket.org SNAP, FMNP, DUFB	17 Springville Farmers Market May 9 - Sept. 26 Sat. 8am-1pm 65 Franklin St., Springville Facebook
8 Gentner Commission Market Year Round Wed. Open at Dawn 241 W. Main St., Springville Facebook	18 Orchard Park Farmers Market June 1 - Aug. 31 Mon. 4pm-7pm Orchard Park Train Depot Facebook
9 Hamburg Farmers Market May 2 - Oct. 31 Sat. 7:30am-1pm 45 Church St., Hamburg southtownregionatchamber.org SNAP, FMNP, DUFB	19 West Seneca Farmers Market May 21 - Sept. 10 Thurs. 4pm-7pm 1250 Union Rd., West Seneca westseneca.org
10 Holland Farmers Market May 3 - Oct. 25 Sun. 8:30am-1pm 7286 Clean Rd., Holland townofhollandny.com <small>(Email: agriculture@erie.gov with updates to this map. Updated June 24, 2026.)</small>	20 West Shore Farmers Market June 4 - Sept. 10 Thurs. 5pm-8:30pm Russell Park, Main St., Akron akronchamber.org SNAP, FMNP
	21 Williamsville Farmers Market May 9 - October 31 Sat. 8am-1pm 5583 Main St., Williamsville williamsvillefarmersmarket.com SNAP, Supplemental Nutrition Assistance Program FMNP: Farmers Market Nutrition Program DUFB: Double Up Food Bucks



Erie Grown is a fun way to explore Erie County agriculture and find the freshest farm goods! It is high summer and our farmers are working hard. Visit a farmer this week for in-season fruits and vegetables. Learn more at erie.gov/eriegrown.

A Mobile Market is a traveling grocery provider that can travel to various communities, increasing fresh food access.

MAP MOBILE MARKET			
June 2 nd - October 30 th			
TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11AM - 1PM West Buffalo Charter School 113 Lafayette Ave. 14213	11AM - 1PM Neighborhood Health Center, Northwest 155 Lawn Ave. 14207	11AM - 1PM Buffalo Adult Education 160 Edward St. 14201	10AM - 12PM Broadway Pediatrics 1021 Broadway 14212
4PM - 6PM Mrs. Frances Nash's Garden Basket 36 Nash St. 14204	3PM - 5PM Elim Christian Fellowship 70 Chalmers Ave. 14215	3PM - 6PM MAP Farmers Market (year-round) 387 Massachusetts Ave. 14213	2PM - 4PM LeRoy R. Coles, Jr. Library 1187 E Delavan Ave. 14215

Accepted Payment Methods: CARD, FMNP, FRESH CONNECT, Double Up Food Bucks, SNAP, CASH



2026 MARKET SCHEDULE

SUN 9:00-1:00	KENMORE FARMERS MARKET Corner of Delaware Ave and Delaware Rd
TUE 12:00-1:00	WESTMINSTER SENIOR HOMES 6/16, 8/18, 9/15, 10/20 - 419 Monroe Street
TUE 4:30-5:30	MRS. NASH'S MARKET Corner of Michigan and Broadway
WED 10:00-12:00	COMMUNITY HEALTH CENTER 34 Benwood Ave., Buffalo (back parking lot)
THU 4:00-6:30	DELANAV GRIDER CENTER 788 East Delavan Ave
FRI 10:00-1:00	NIAGARA STREET PEDIATRICS 1050 Niagara Street, Buffalo

BuffaloGoGreen visit buffalogoogreen.org

Know Before You Go

Supplemental Nutrition Assistance Program (SNAP)

Look for SNAP on the map determine if a farmers market accepts SNAP benefits. If so, SNAP recipients can use their EBT card to purchase eligible foods.

Double Up Food Bucks (DUFB)

Look for DUFB on the map to determine if a farmers market participates in DUFB. If so, DUFB matches SNAP recipients' fruit and vegetable purchases dollar for dollar, up to \$20 a day. SNAP recipients are automatically eligible for DUFB but must enroll in the program at doubleupnys.com or at the market.

Farmers Market Nutrition Program (FMNP)

Look for FMNP on the map to determine if a farmers market accepts FMNP benefits. If so, FMNP recipients can use coupons to purchase fruit and vegetables. Visit bit.ly/fmnpinfo for more information.

Erie Grown Passport Reminder

With your online Passport or printed passport (email agriculture@erie.gov to receive a PDF), each time that you visit a farm, farm-related business, or agricultural festival listed on Erie Grown, simply write the date you visited.

In January 2026, three participants who submit their Passports will win prizes!

VISIT ERIE GROWN PASSPORT



Looking Ahead: August

August is the peak of the regional agricultural fair season and harvest celebrations, more details to come next month:

- Sweet Corn Season
- Erie County Fair (August 12-23)
- Eden Corn Festival (August 6-9)
- Urban Farm Day (August 15)

OFFICE OF AGRICULTURE [ERIE.GOV/AGRICULTURE](http://erie.gov/agriculture)

