



# NRD

## “SUMMER RECREATION” JULY 2026



“Fitness and Fun... For Everyone!”

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6/28	6/29	6/30	1	2	3	4 <i>Special Event: “July 4th Parade” (4- 5pm)</i>
<b>Week #1:</b> <i>Sport: Flag Football</i> → <i>Character Trait: Commitment</i>	6  <i>NRD Staff Development Day</i>	7 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours	8 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours	9 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours	10 9am-12pm AM REC 1-4pm PM REC <i>Field Trip Friday: “Akron Falls Park</i>	11
<b>Week #2:</b> <i>Sport: Hockey (F&amp;F)</i> → <i>Character Trait: Fairness</i>	13 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours	14 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours	15 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours	16 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours	17 9am-12pm AM REC 1-4pm PM REC <i>Field Trip Friday: “Library/Russell Park”</i>	18
<b>Week #3:</b> <i>Sport: Basketball</i> → <i>Character Trait: Honesty</i>	20 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours	21 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours	22 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours	23 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours	24 9am-12pm AM REC 1-4pm PM REC <i>Field Trip Friday: “Destroyer Golf” (\$16)</i>	25
<b>Week #4:</b> <i>Sport: Clubs/Rackets</i> → <i>Character Trait: Passion</i>	27 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours	28 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours	29 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours	30 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours	31  11am-5pm <i>Field Trip Friday: “Darien Lake” (TBD) <u>NO AM or PM REC</u></i>	



# NRD

## “SUMMER RECREATION” AUGUST 2026



“Fitness and Fun... For Everyone!”

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Week #5:</b> <i>Sport: Base/Softball</i> <i>Character Trait: Respect</i>	<b>3</b> 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours	<b>4</b> 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours	<b>5</b> 11am-5pm <b>Bus Field Trip:</b> <b>“Bison’s Game”</b> (\$20 + Spending) <u>NO AM or PM REC</u>	<b>6</b> 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours	<b>7</b> 9am-12pm AM REC 1-4pm PM REC <b>Field Trip Friday:</b> <b>“Brooklyn Park”</b>	<b>8</b>
<b>Week #6:</b> <i>Sport: Soccer</i> <i>Character Trait: Service - Can Drive</i>	<b>10</b> 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours	<b>11</b> 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours	<b>12</b> <b>“NRD Olympics”</b> 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours	<b>13</b> <b>LAST DAY-REC</b> 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours	<b>14</b> 9am-12pm AM REC 1-4pm PM REC <b>Friday Field Finale:</b> <b>Fun Run @ Vets Park!</b>	<b>15</b>
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
<b>30</b>	<b>31</b>					