



"Fitness and Fun... For Everyone!"

NRD

"SUMMER RECREATION" JULY 2025



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|--|--|----------|
| Week #1: Sport: Flag Football Character Trait: Commitment | 6/30 NRD Staff Development Day | 7/1 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours | 2 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours | 3 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours | 4 Special Event: "July 4th Parade" (Time TBD) <u>NO</u> AM or PM REC | 5 |
| Week #2: Sport: Hockey (F&F) Character Trait: Fairness | 7 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours | 8 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours 6-7pm Robotics | 9 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours | 10 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours | 11 9am-12pm AM REC 1-4pm PM REC Field Trip Friday: "Library/Russell Park" | 12 |
| Week #3: Sport: Basketball Character Trait: Honesty | 14 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours | 15 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours 6-7pm Robotics | 16 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours | 17 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours | 18 9am-12pm AM REC 1-4pm PM REC Field Trip Friday: "Akron Falls Park" | 19 |
| Week #4: Sport: Clubs/Rackets Character Trait: Passion | 21 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours | 22 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours 6-7pm Robotics | 23 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours | 24 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours | 25 9am-12pm AM REC 1-4pm PM REC Field Trip Friday: "Destroyer Golf" (\$15) | 26 |
| Week #5: Sport: Base/Softball Character Trait: Respect | 28 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours | 29 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours 6-7pm Robotics | 30 11am-5pm Bus Field Trip: "Bison's Game" (\$20 + \$pending) <u>NO</u> AM or PM REC | 31 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours | | |