



"Fitness and Fun... For Everyone!"

NRD

"SUMMER RECREATION" AUGUST 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week #5: Sport: Base/Softball <hr/> Character Trait: Respect					1 11am-5pm Field Trip Friday: "Darien Lake" (\$ TBD) <u>NO</u> AM or PM REC	2
Week #6: Sport: Soccer <hr/> Character Trait: Service - Can Drive	4 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours	5 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours 6-7pm Robotics	6 AM Fit & Fun AM & PM REC: "NRD Olympics" 4-5pm After Hours	7 8-9am AM Fit & Fun 9am-12pm AM REC 1-4pm PM REC 4-5pm After Hours	8 9am-12pm AM REC 1-4pm PM REC Friday Field Finale: Fun Run @ Vets Park!	9