




Erie County Stay Fit Dining Program - June 2025

All county meals are a suggested donation of \$3.50 - Lunch is served at 12pm

Monday	Tuesday	Wednesday	Thursday	Friday
2 Lasagna Roll w/ Primavera Sauce, Zucchini, Broccoli, Wheat Dinner Roll and Oatmeal Cookies (704)	3 Chicken & Sausage Paella, Corn w/ Red Peppers, Cauliflower, Rice w/ Black Beans and Chocolate Pudding (601) 5PM Dinner: (U.E. Program) Beef taco salad, tortilla strips and dessert	4 Entrée Salad Chicken Caesar Salad w/ Caesar Dressing, Roll, Fruit & Chocolate Milk (798) 4PM Dinner: Pork ribette w/ BBQ, cheesy potatoes, veggies, salad and dessert	5 Breaded Chicken Breast w/ Gravy, Mashed Potatoes, Carrots, Wheat Bread and Fudge Round (797)	6 Ham Steak w/ Maple Glaze, Sweet Potatoes, Lima Bean Bake, Rye Bread, and Pineapple Tidbits (619)
9 Hearty Turkey Stew, Garlic Mashed Potatoes, Green Beans, Roll and Mandarin Oranges (519)	10 Meatballs w/ Sweet Chili Sauce over White Rice, Broccoli, Carrots and Strawberry Gelatin (607) 5PM Dinner: (Straw. Social) Buffalo style breaded chicken, corn w/ red peppers, broccoli, salad, roll and strawberry shortcake	11 Tortellini w/ Tomato Meat Sauce & Mozzarella California Vegetables, Salad, Italian Bread, Banana Chocolate Milk (759) 4PM Dinner: Greek grilled chicken salad, wheat roll and dessert	12 Father's Day Lunch Breaded Pork Chop w/ Stuffing & Gravy Ranch Mashed Potatoes, Brussels Sprouts, Salad and Peach Pie with Whipped Topping (1095)	13 Beer Battered Fish w/ Tartar Sauce, Broccoli Cheese Rice Casserole, Zucchini & Tomatoes, Wheat Dinner Roll, and Pineapple Tidbits (677)
16 Pork Ribette w/ BBQ Sauce on a Bun, Duchess Potatoes, Carrots and Sugar Cookies (866)	17 Italian Sausage w/ Peppers, Onions & Tomato Sauce on a Bun, Roasted Potatoes, Green Beans, Fresh Orange and Chocolate Milk (616) 5:30PM Dinner: (Twirlers) Ham steak w/ pineapple sauce, scalloped pot., brussel sprouts, salad, roll and dessert	18 Juneteenth Meal Breaded Chicken Drumsticks, Ranch Mashed Potatoes, Mixed Greens, Corn Muffin and Banana Cream Pie (1075) 4PM Dinner: Tuna macaroni salad, crackers and dessert	19 No Meals  Served	20 Welcome Summer! Mandarin Chicken & Sunflower Salad, Wheat Dinner Roll and Chocolate Covered Ice Cream Bar (741)
23 Homemade Monday (Staff prepared meal)	24 Chili con Carne with Shredded Cheddar, Carrots, Apple Juice, Salad, Corn Muffin and Fresh Banana (912) NO DINNER	25 Chicken Vegetable Casserole, Mashed Potatoes, Green Beans, Roll and Applesauce (548) 4PM Dinner: Spaghetti & meatballs, veggie, salad, italian bread and dessert	26 Chicken Breast with Lemon Herb Sauce, Vegetable Rice Pilaf, Spinach, Italian Bread, Pineapple Tidbits and Chocolate Milk (595)	27 Vegetable Quiche with Cheese Sauce, Broccoli, Harvard Beets, Wheat Bread and Chocolate Chip Cookies (738)
30 Roasted Turkey with Gravy, Mashed Potatoes with Chives, California Vegetables, Roll and Strawberry Gelatin (559)	1 Lasagna Roll with Tomato Meat Sauce & Mozzarella, Cauliflower, Peas, Salad, Roll, Orange and Chocolate Milk (826) 5PM Dinner: (Bingo) Beef bourguignon, mashed potatoes, green beans, salad, roll and dessert	2 Entrée Salad Tuna Macaroni Salad with Fresh Salad Greens, Club Crackers and Tropical Fruit (662) 4PM Dinner: Chicken caesar salad, roll and dessert	3 INDEPENDANCE DAY LUNCH Hot Dog w/ Baked Beans & Ketchup on a Bun, Macaroni & Cheese, Broccoli, Fruit Punch and Ice Cream Sandwich (911)	4 No Meals 

*If you have a food allergy, please notify us.

June Activities Calendar

MON	TUE	WED	THU	FRI	SAT
2 9:00 Walking Group 9:00 Exercise with Barb 10:00 Rummikub 12:00 Lunch 1:00 Dealer's Choice Poker 2:00 U.E Let's get Potted	3 9:00 SilverSneakers Circuit 9:30 Hand & Foot 10:15 Gentle Chair Yoga 12:00 Lunch 12:45 Movie Matinee 1:00 AMP Class 4:30 Texas Hold 'em Poker 6:00 Dinner 5:30 U.E Lake Erie Ice Boom	4 9:00 Exercise with Barb 9:30 Dominoes 10:00 Book Nook 10:15 Stability Class 10:30 Improve Health w/ Art 12:00 Lunch 1:00 - 3:00 Sr Outreach Services 1:00 Mah-Jong 1:00 U.E Sparrows, Seeds & Safety 3:00 Watercolors 4:00 Dinner 5:00 Euchre/Hand & Foot	5 9:00 SilverSneakers Classic 9:30 Board Meeting 10:30 Club 99 12:00 Lunch/Music Trivia 12:30 Ladies Luncheon 1:00 Pinochle 4:00 Probate Presentation 5:30 TOPS	6 8:45 Gentle Floor Yoga 9:30 Dominoes 9:45 Gentle Floor Yoga 10:00 Crochet 12:00 Lunch 1:00 Bingo 1:15 U.E Landlubbing Buffalo River	7 4:30 Texas Hold 'em Hand and Foot
9 9:00 Walking Group 9:00 Exercise with Barb 10:00 Rummikub 12:00 Lunch 12:30 Erie County Trivia 1:00 Dealer's Choice Poker 2:00 U.E. Sleep Ergonomics	10 9:00 SilverSneakers Circuit 9:30 Hand & Foot 10:15 Gentle Chair Yoga 12:00 Lunch 12:45 Movie Matinee 1:00 AMP Class 4:30 Texas Hold 'em Poker 5:00 Dinner/Strawberry Social/Entertainment	11 9:00 Exercise with Barb 9:30 Dominoes 10-11 United Healthcare 11-12 Aetna 12:15 Stability Class 12:00 Lunch 1:00 Mah-Jong 1:00 U.E Hands only CPR 3:00 Watercolors 4:00 Dinner 5:00 Euchre/Hand & Foot	12 9:00 SilverSneakers Classic 12:00 Lunch - Father's Day 12:45 Fall Prevention Class 1:00 Pinochle 4:00 U.E. Harry Potter 5:00 A/N Diners Club 5:30 TOPS	13 8:45 Gentle Floor Yoga 9:30 Dominoes 9:45 Gentle Floor Yoga 10:00 Hitch a Ride 10:00 Crochet 12:00 Lunch 1:00 Bingo 1:00 Aging - Better than the Alternative	14
16 9:00 Walking Group 9:00 Exercise with Barb 10:00 Rummikub 11:00 Batavia Downs 12:00 Lunch 1:00 Dealer's Choice Poker 2:00 U.E General Bennet Riley	17 9:00 SilverSneakers Circuit 9:30 Hand & Foot 10:15 Gentle Chair Yoga 12:00 Lunch 12:45 Movie Matinee 1:00 AMP Class 4:30 Texas Hold 'em Poker 5:30 Dinner 6:00 C.C Diamonds Baton	18 9:00 Exercise with Barb 9:30 Dominoes 10:15 Day Trip Carol King 10:15 Stability Class 11:30 Board Lunch 1:00 Mah-Jong 3:00 Watercolors 4:00 Dinner 5:00 Euchre/Hand & Foot	19 CENTER CLOSED 	20 8:45 Gentle Floor Yoga 9:30 Dominoes 9:45 Gentle Floor Yoga 10:00 Crochet 10:00 Craft 11:00 Grief & Loss 12:00 Lunch 1:00 Bingo 3-4 IHA	21 FREE SUMMER CONCERT POLKA IN THE PARK! Russell Park 6pm  Come grab dinner snacks and bring your lawn chair!
23 9:00 Walking Group 9:00 Exercise with Barb 10:00 Rummikub 12:00 Homemade Monday and Trivia 1:00 Dealer's Choice Poker	24 NO SilverSneakers Circuit 9:30 Hand & Foot 10:15 Gentle Chair Yoga 12:00 Lunch 12:45 Movie Matinee 1:00 AMP Class 4:30 Texas Hold 'em Poker NO DINNER *	25 9:00 Exercise with Barb 9:30 Dominoes 9:30 Hitch a Ride 10:15 Stability Class 12:00 Lunch 1:00 Mah-Jong 1:15 U.E The Gardens of Murder Creek 3:00 Watercolors 4:00 Dinner 5:00 Euchre/Hand & Foot	26 9:00 SilverSneakers Classic 9:00 Bowling Begins 12:00 Lunch 1:00 Pinochle 1:30 U.E The Cleve Hill School Fire 1954 4:30 Dinner and a Movie 5:30 TOPS	27 8:45 Gentle Floor Yoga 9:30 Dominoes 9:45 Gentle Floor Yoga 10:00 Crochet 12:00 Lunch 1:00 Bingo 5:00 Fancy Friday Dining	28
30 9:00 Walking Group 9:00 Exercise with Barb 10:00 Rummikub 12:00 Lunch 1:00 Dealer's Choice Poker	1 9:00 SilverSneakers Circuit 9:30 Hand & Foot 10:15 Gentle Chair Yoga 12:00 Lunch 12:45 Movie Matinee 4:30 Texas Hold 'em Poker 5:00 Dinner/Bingo	2 9:00 Exercise with Barb 9:30 Dominoes 10:15 Stability 12:00 Lunch 1:00 Mah-Jong 3:00 Watercolors 4:00 Dinner 5:00 Euchre/Hand & Foot	3 9:00 SilverSneakers Classic 9:00 Bowling 10-12 Highmark 12:00 Lunch 1:00 Pinochle 5:30 TOPS	4 CENTER CLOSED 	5 CENTER CLOSED 