



FIT OVER 50

A WALK IN THE PARK

Wednesday, May 21st

10:00am - 1:00pm

Clarence Town Park

10405 Main Street

 **FREE Exhibits on health, fitness, safety and government benefits**

 **FREE Health Screenings**

 **FREE Presentations:**

- **10:15 - 11:30am** - Bob Friedman: 14 Ways to Protect Your Assets
- **10:30AM** - YOGA IN THE PARK
- **12:00pm** - *Zumba in the Park*

 **FREE Lunch with music for first 200 people**

 **Raffle Prizes**

A SENIOR HEALTH AND FITNESS FAIR HOSTED BY:
Akron - Newstead Senior Center
& Clarence Senior Center

Generously sponsored by:

