



# NRD



"Fitness and Fun... For Everyone!"

## DECEMBER 2024 CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 7-9pm Community Swim Girl's Field Hockey Boy's Flag Football	3 7-9pm Co-Ed Youth Soccer Co-Ed Adult Volleyball	4 7-9pm Community Swim Boy's Baseball Girl's Softball	5 7-9pm Boy's Lacrosse Girl's Cheerleading Adult Pickleball	6	7 11:30am-2:30pm Swim Lessons 12-1:30pm Lacrosse 1:30-2:30 Sat. Rec.
8	9 7-9pm Community Swim Girl's Field Hockey Boy's Flag Football	10 7-9pm Co-Ed Youth Soccer Co-Ed Adult Volleyball	11 7-9pm Community Swim Boy's Baseball Girl's Softball	12 7-9pm Boy's Lacrosse Girl's Cheerleading Adult Pickleball	13	14 11:30am-2:30pm Swim Lessons 12-1:30pm Lacrosse 1:30-2:30 Sat. Rec.
15	16 7-9pm Community Swim Girl's Field Hockey Boy's Flag Football	17 <b>No NRD - ACS Event</b>	18 <b>No NRD - ACS Event</b>	19 7-9pm Boy's Lacrosse Girl's Cheerleading Adult Pickleball	20	21 11:30am-2:30pm Swim Lessons 12-1:30pm Lacrosse 1:30-2:30 Sat. Rec.
22	23 <b>No NRD - Merry Christmas Happy Holidays!</b>	24	25	26	27	28
29	30	31				