

ACTIVITIES AUGUST 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 9:00 SilverSneakers Classic 9:00 Wii Bowling—Make ups 12:30 Ladies Lunch Outing 12:45– Netflix Limited Series 1:00 Pinochle 5:30 TOPS 5:30 A/N Diners	2 9:00 Gentle Floor Yoga 9:30 Board Meeting 9:30 Dominoes 9:45 Gentle Chair Yoga 10:00 Crochet 10:00 Crokinole 1:00 Bingo	3 4:30—Texas Hold'em Hand & Foot 6:00– Hide a Ride—Attica Rodeo
5 9:00 Walking Group 9:00 Safe Driving Class 9:00 Exercise with Barb 9:30 UNO 12:30 Club 99 1:00 Poker—Dealers Choice	6 Basket Raffle 11-6 9:00 SilverSneakers Circuit 9-11 Highmark BCBS 9:30 Hand & Foot 12:30-1:30 Feedmore FoodTruck 12:45 Movie Matinee 4:30 Texas Hold'em 5:00 Dinner/Root beer Float	7 Basket Raffle 11-6 9:00 Exercise with Barb 9:00 Bike Group 9:30 Dominoes 10:00 Book Nook 10:15 Stability Class 11:15 Buffalo Bison Game 1:00–3:00 Sr. Outreach Services 1:00 Mahjong 1:00 Nutrition Education Class 3:00 Watercolor 4:00 Dinner 5:30 A/N DINERS 5:00 Euchre 5:00 Hand & Foot	8 Basket Raffle 11-6 9:00 SilverSneakers Classic 9:00 Wii Bowling –Breakfast 12:30 Intro Fantasy Football 12:45 Netflix Limited Series 1:00 Pinochle 5:00 Dinner/Craig Wilkins 5:30 TOPS	9 Basket Raffle 11-3 9:00 Gentle Floor Yoga 9:30 Board Meeting 9:30 Dominoes 9:45 Gentle Chair Yoga 10:00 Crochet 10:00 Crokinole 1:00 Bingo 1:15 Presentation—Quilts	10 Chicken BBQ & Basket Raffle 11am-1pm
12 9:00 Walking Group 9:00 Exercise with Barb 9:30 UNO 11:00 Casino—Batavia 12:30 Club 99 12:30 Erie County Trivia 1:15 Poker—Dealers Choice	13 9:00 SilverSneakers Circuit 9:30 Hand & Foot 11:00 East Aurora Day Outing 12:45 Movie Matinee 4:30 Texas Hold'em 5:00 Dinner/Fraud Program	14 9:00 Exercise with Barb 9:00 Bike Group 9:30 Dominoes 10-11 United Health Care 10:15 Stability Class 11-12 Aetna 1:00 Mahjong 1:00 Program—World of Spices 3:00 Watercolors 4:00 Dinner 5:00 Euchre / Hand & Foot	15 9:00 SilverSneakers Classic 10-12Univera Healthcare 12:45 Netflix Limited Series 1:00 Pinochle 5:30 TOPS	16 9:00 NO Gentle Floor Yoga 9:30 Dominoes 9:45 NO Gentle Chair Yoga 10:00 Crochet 10:00 Crokinole 11:00 Grief 1:00 Bingo 2-3 IHA	17 4:30—Texas Hold'em Hand & Foot
19 9:00 Walking Group 9:00 Canandaigua Day Trip 9:00 Exercise with Barb 9:30 UNO 12:30 Club 99 12:30 Program– WNY National Cemetery 1:00 Poker—Dealers Choice	20 9:00 NO SilverSneakers Circuit 9:30 Hand & Foot 12:30-1:30 Feedmore FoodTruck 12:45 Movie Matinee 4:30 Texas Hold'em 5:30– Roaring 20's event	21 9:00 Exercise with Barb 9:00 Bike Group 9:30 Dominoes 9:30-11:30 Sr. Outreach Services 10:30 Exercise Orientation 11:30 Board Meeting /Entertainment 1:00 Mahjong 3:00 Watercolors 4:00 Dinner 5:00 Euchre / Hand & Foot	22 9:00 SilverSneakers Classic 10:00 Tour Old Scotland Road Distillery 10:00 My Fair Lady—Day Trip 12:45 Netflix Limited Series 1:00 Pinochle 5:30 TOPS	23 9:00 Gentle Floor Yoga 9:30 Board Meeting 9:30 Dominoes 9:45 Gentle Chair Yoga 10:00 Crochet 10:00 Craft 10:00 Crokinole 1:00 Bingo 1:15 Presentation—healthcare	24
26 8:30 Casino—Seneca 9:00 Walking Group 9:00 Exercise with Barb 9:30 UNO 12:30 Club 99 12:45 Presentation—Nursing Home 1:00 Poker—Dealers Choice	27 9:00 SilverSneakers Circuit 9:30 Hand & Foot 12:30 Fantasy Football Draft 12:45 NO Movie Matinee 1:00 Annual Mike Soika Poker Tourney 5:00 Dinner/Hot County Liners	28 9:00 Exercise with Barb 9:00 Bike Group 9:00 Hitch a Ride—Mumford 9:30 Dominoes 10:15 Tour Knight Sutton Museum 1:00 Mahjong 3:00 Watercolors 4:00 Dinner 5:00 Euchre / Hand & Foot	29 CENTER CLOSED 9–3 9:00 Field Trip to Boulder Park 4:30 Dinner & Movie 5:30 TOPS	30 9:00 Gentle Floor Yoga 9:30 Board Meeting 9:30 Dominoes 9:45 Gentle Chair Yoga 10:00 Crochet 10:00 Crokinole 10:30 Day Trip—Buffalo 1:00 Bingo 1:00 Presentation—Paper Dolls	31