


ACTIVITIES JULY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>9:00 Walking Group 9:00 Exercise with Barb 9:30 UNO 12:30 Club 99 1:00 Poker—Dealers Choice 2:30 Netflix Limited Series</p>	<p>2</p> <p>9:00 SilverSneakers Circuit 9-11 Highmark BCBS 9:30 Hand & Foot 12:30-1:30 Feedmore FoodTruck 12:45 Movie Matinee 4:30 Texas Hold'em 5:00 Dinner 5:30 Presidential Presentation</p>	<p>3</p> <p>9:00 Exercise with Barb 9:00 Bike Group 9:30 Dominoes 10:00 Book Nook 10:15 Stability Class 11:00-12 American Sign Language 12:00 Lunch & Ice Cream Social 12:30 Card Making 1:00-3:00 Sr. Outreach Services 1:00 Mahjong 1:00 Nutrition Education Class 3:00 Watercolor 5:00 Euchre 5:00 Hand & Foot</p>	<p>4</p> <p>Center Closed</p> 	<p>5</p> <p>9:00 Gentle Floor Yoga 9:30 Board Meeting 9:30 Dominoes 9:45 Gentle Chair Yoga 10:00 Crochet 10:00 Crokinole 1:00 Bingo</p>	<p>6</p> <p>4:30—Texas Hold'em Hand & Foot</p>
<p>8</p> <p>9:00 Walking Group 9:00 Exercise with Barb 9:30 UNO 12:30 Club 99 12:30 Erie County Trivia 1:15 Poker—Dealers Choice 1:00 University Express Class 2:30 Netflix Limited Series</p>	<p>9</p> <p>8:30 CASINO 9:00 SilverSneakers Circuit 9:30 Hand & Foot 11:00 East Aurora Day Outing 12:45 Movie Matinee 4:30 Texas Hold'em 5:00 Dinner 5:30 University Express Program</p>	<p>10</p> <p>9:00 Exercise with Barb 9:00 Bike Group 9:30 Dominoes 9:30 Hitch a Ride 10:15 Stability Class 11:00-12 American Sign Language 12:30-1:30 United Healthcare 1:30-2:30 Antea 1:00 Mahjong 3:00 Watercolors 4:00 Dinner 5:00 Euchre / Hand & Foot</p>	<p>11</p> <p>9:00 NO SilverSneakers Classic 9:00 Wii Bowling 12:30 Ladies Lunch Outing 1:00 Pinochle 1:15 University Express Class 4:30 Dinner / Music Trivia 5:30 TOPS 5:30 A/N Diners</p>	<p>12</p> <p>9:00 Gentle Floor Yoga 9:30 Dominoes 9:45 Gentle Chair Yoga 10:00 Crochet 10:00 Crokinole 1:00 Bingo</p>	<p>13</p>
<p>15</p> <p>9:00 Walking Group 9:00 Exercise with Barb 9:30 UNO 11:00 Casino—Batavia 12:30 Club 99 1:00 Poker—Dealers Choice 1:15 Presentation Hospice/Palliative Care 2:30 Netflix Limited Series</p>	<p>16</p> <p>9:00 SilverSneakers Circuit 9:30 Hand & Foot 12:30-1:30 Feedmore FoodTruck 12:45 Movie Matinee 4:30 Texas Hold'em 5:30 Dinner/Pass the Pig game</p>	<p>17</p> <p>9:00 Exercise with Barb 9:00 Bike Group 9:30 Dominoes 9:30-11:30 Sr. Outreach Services 10:15 Stability Class 10:30 Exercise Orientation 11:30 Board Meeting (NFC Pavilion) 1:00 Mahjong 3:00 Watercolors 4:00 Dinner 5:00 Euchre / Hand & Foot</p>	<p>18</p> <p>9:00 SilverSneakers Classic 9:00 Wii Bowling 11:00 Po Ke No 12:00 Hitch a Ride 1:00 Pinochle 5-6:30 Good For the Neighborhood Event 5:30 TOPS</p>	<p>19</p> <p>9:00 Gentle Floor Yoga 9:30 Dominoes 9:45 Gentle Chair Yoga 10:00 Crochet 10:00 Crokinole 11:00 Grief 1:00 Bingo 1:00 Toy Presentation 2:30 IHA Program</p>	<p>20</p> <p>Center Closed</p> <p>6:00pm—RUSSELL PARK Lancaster Steel Drum Band</p>
<p>22 Day Trip</p> <p>9:00 Walking Group 9:00 Exercise with Barb 9:30 UNO 12:30 Club 99 12:30 Attorney General/Senior Scam 1:00 Poker—Dealers Choice 2:30 Netflix—Limited Series— Sports</p>	<p>23</p> <p>9:00 SilverSneakers Circuit 9:30 Hand & Foot 12:45 Movie Matinee 4:30 Texas Hold'em 5:30 Terra House/ Trivia</p>	<p>24 OPEN HOUSE</p> <p>9:00 Exercise with Barb 9:00 Bike Group 9:30 Dominoes 10:15 Stability Class 11-1 Cheezy Chic Food Truck 1:00 Mahjong 3:00 Watercolors 4:00 Dinner 4-6 Pink Cow Ice Cream Truck 5:00 Euchre / Hand & Foot</p>	<p>25 Christmas in July Lunch</p> <p>9:00 SilverSneakers Classic 9:00 Wii Bowling 11:00 Po Ke No 11-3 Erie County Picnic 12:00 Lunch. Beach Bash 1:00 Pinochle 4:30 Dinner/Movie 5:30 TOPS</p>	<p>26</p> <p>9:00 Gentle Floor Yoga 9:30 Dominoes 9:45 Gentle Chair Yoga Center Closed at 11am For Skyline Park Picnic</p>	<p>27</p>
<p>29</p> <p>9:00 Walking Group 9:00 Exercise with Barb 9:30 UNO 12:30 Club 99 12:45 Presentation = The Rights 1:00 Poker—Dealers Choice 2:30 Netflix—Limited Series – Sports</p>	<p>30</p> <p>9:00 SilverSneakers Circuit 9:30 Hand & Foot 11:00 Tea Party 12:45 Movie Matinee 4:30 Texas Hold'em 5:00 Dinner/ Bingo</p>	<p>31</p> <p>9:00 Exercise with Barb 9:00 Bike Group 9:30 Dominoes 10:15 Stability Class 10:30 Craft 1:00 Mahjong 3:00 Watercolors 4:00 Dinner 5:00 Euchre / Hand & Foot</p>			