



Erie County Stay Fit Dining Program Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pasta with Meatballs, Tomato Sauce & Mozzarella Cauliflower Fruit Punch Chocolate Chip Cookies (795)	2 Breaded Chicken with Buffalo Sauce on a Bun, Tater Tots Au Gratin Broccoli, Fresh Banana <i>Chocolate Milk</i> (932) 5pm- Cabbage Roll, Mashed Potatoes, Carrots, Roll & Dessert (Presentation Presidential Homes)	3 4th of July Meal Hot Dog with Baked Beans & Ketchup on a Bun, Macaroni & Cheese, Grape Juice, Chef Salad with Dressing Ice Cream Sandwich 4pm- Chicken Caesar Salad, Roll & Dessert	4 No Meals Served 	5 Beef Stew Mashed Potatoes Brussels Sprouts Warm Biscuit Butterscotch Pudding with Whipped Topping (801)
8 Breaded Chicken with Herb Gravy Mashed Sweet Potatoes Green Beans Dinner Roll Chocolate Pudding (791)	9 Swedish Meatballs, Harvard Beets Peas, Fresh Orange, <i>Chocolate Milk</i> (688) 5pm- Breaded Chicken Drumstick's, Spanish Rice, Veggie & Dessert (U.E Class)	9 Entrée Salad Cranberry Chicken Salad on a Bed of Salad Greens with Dressing Club Crackers Lorna Doones(649) 4pm- Garden Chicken Patty Salad, Roll & Dessert	11 Ancho Chicken with Peppers, Onions, Salsa & Cheddar Spanish Rice Fiesta Corn Apple Juice Chef Salad & Dessert 4:30pm- Breaded Chicken Drumstick's, Spanish Rice, Veggie & Dessert	12 Breaded Pork Chop with Gravy Lazy Pierogi California Mixed Vegetables Rye Bread Applesauce (649)
15 Stuffed Shells with Tomato Meat Sauce & Mozzarella Cauliflower Fruit Punch Italian Bread Sugar Cookies (887)	16 Beef Pepper Steak Casserole over Rice, Broccoli Florets, Carrots Fruit Cocktail (614) 5pm – Turkey, Gravy, Mashed Potatoes, Green Beans, Stuffing & Dessert (Pass the Pigs)	17 Board Luncheon 4pm – Grilled Southwest Chicken, Roll & Dessert	18 Steakhouse Burger with Gravy on a Bun Mashed Potatoes Lima Bean Bake Lemon Ice (847) 	19 Beer Battered Fish with Tartar Sauce Broccoli Cheese Rice Casserole Zucchini & Tomatoes Wheat Dinner Roll Chocolate Pudding (709)
22 Cheese Omelet with Peppers, Onions & Tomatoes Cheesy Diced Potatoes Broccoli Florets Raisin Bread Brownie (680)	23 Pasta with Italian Sausage, Tomato Sauce & Mozzarella, California Mixed Vegetables, Grape Juice Dinner Roll, Diced Peaches (721) 5pm- Terra House – Trivia	24 FOOD TRUCK 11-1 Cheesy Chic 4pm- Creek Chicken Salad, Roll & Dessert	25 Christmas in July Roast Beef with Gravy Scalloped Potatoes Brussels Sprouts Chef Salad with Dressing Rye Bread Cheesecake with Chocolate Sauce (1052)	26 Center Closed for Skyline Picnic
29 Hot Dog with Baked Beans & Ketchup on a Bun Tater Tots Carrots Fresh Orange (730)	30 Tea Party 5pm- Steakhouse Burger, Tater Tots, Au Gratin Broccoli, Chef Salad & Dessert (Bingo)	31 Cabbage Roll with Savory Meat Sauce Garlic Mashed Potatoes Corn Dinner Roll Oatmeal Cookies 4pm- Tuna Salad, Crackers and Dessert	1 Ham Steak with Pineapple Sauce Au Gratin Potatoes Broccoli Florets Rye Bread Butterscotch Pudding (553)	2 Cheese Tortellini with Chicken & Red Pepper Cream Sauce Cauliflower Green Beans Chef Salad with Dressing Wheat Dinner Roll Fudge Round Cookie (764)

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