

Erie County Stay Fit Dining Program Menu Lunch & Dinner



2024



Monday	Tuesday	Wednesday	Thursday	Friday
26 Rotini & Meatballs with Tomato Sauce & Mozzarella Cauliflower Spinach Diced Peaches (614)	27 Breaded Chicken Breast with Buffalo-Style Sauce on a Bun Tater Tots, Broccoli Florets Fruit Cocktail, Chocolate Milk 5pm – Polish Sausage, Sauerkraut, Cheesy Diced Potatoes, Green Beans & Dessert / Bingo	28 Turkey with Stuffing & Gravy Mashed Sweet Potatoes, Green Beans, Applesauce (584) 4pm – Grilled Southwest Chicken Salad, Roll & Dessert	29 Soup & Salad Beef Barley Soup Brussels Sprouts Chef Salad with Dressing Corn Muffin Chocolate Pudding (791)	1 Entrée Salad Tuna Macaroni Salad on a Bed of Salad Greens Multigrain Crackers Oatmeal Round (732)
4 Turkey a La King Mashed Potatoes Carrots Biscuit Chocolate Chip Cookies (747)	5 Entrée Salad Grilled Chicken Caesar Salad with Parmesan Cheese and Croutons Whole Wheat Dinner Roll, Sugar Cookie 5pm- Roast Beef, Mashed Potatoes, Veggie, Salad & Dessert / Technology Help Akron Interact Club	6 Cabbage Roll with Savory Meat Sauce, Ranch Mashed Potatoes Wax Beans with Carrot, Multigrain Bread Strawberry Gelatin (712) 4pm- Grilled Chicken Mandarin Orange Sunflower Salad, Roll & Dessert	7 Breaded Boneless Pork Chop with Gravy Scalloped Potatoes Peas Rye Bread Tropical Fruit Chocolate Milk (759)	8 Baked Fish with Lemon Butter Parsley Sauce Vegetable Rice Pilaf California Blend Vegetables Dinner Roll Brownie (737)
11 Italian Sausage with Peppers, Onions, and Tomato Sauce on a Bun Herb Roasted Potatoes Mixed Vegetables Pineapple (595)	12 Breaded Chicken Drumsticks Broccoli Florets Chef Salad with Dressing Macaroni and Cheese Diced Peaches (804) 5pm- Swedish Meatball, Peas, Fruit Fresh, Pasta, Salad & Dessert / Girl Scout Event	13 Chili con Carne with, Crackers Chef Salad with Dressing Corn, Fruit Punch, Fresh Orange Chocolate Milk (799) 4pm- Chicken Caesar Salad, Roll & Dessert	14 St. Patrick's Day Corned Beef with Cabbage Buttered Potatoes Carrot Coins Deli Rye Bread Chocolate Éclair (741)	15 Vegetable Lasagna with Cream Sauce French Bean Medley Cauliflower Dinner Roll Chocolate Chip Cookie (782)
18 Pork Ribette with BBQ Sauce on a Bun Cheesy Mashed Potatoes Seasoned Mixed Greens Oatmeal Cookies (893)	19 Beef Bourguignon, Harvard Beets Chef Salad with Dressing , Brussels Sprouts, Rye Bread Vanilla Pudding (726) 5pm- Terra House Surprise/Trivia	20 Welcome Spring! Grilled Chicken, Mandarin Orange, and Sunflower Seed Salad, Whole Wheat Dinner Roll, Lemon Meringue Pie (825) 4pm- Tuna Macaroni Salad, Roll & Dessert	21 Roast Turkey with Gravy & Cranberry Sauce, Mashed Sweet Potatoes, Peas and Carrots Dinner Roll, Strawberry Gelatin 4:30pm – Breaded Chicken Patty, Buffalo Style Sauce, Tater Tots, Broccoli Rice, Chef & Dessert – Music Trivia	22 Cheese Omelet with Creole Sauce Cheesy Diced Potatoes Broccoli Biscuit Tropical Fruit Chocolate Milk (721)
25 Cheese Ravioli with Tomato Meat Sauce & Parmesan Cheese Peas Summer Squash with Peppers Italian Bread Peaches (788)	26 Bratwurst with Baked Beans & Mustard on a Bun, Tater Tots with Cheese, Mixed Vegetables Mandarin Oranges, Chocolate Milk 5pm – Board Dinner & Entertainment	27 Easter Meal Chicken Cordon Bleu with Creamy Herb Gravy, Vegetable Rice Pilaf Normandy Mixed Vegetables Chef Salad with Dressing Dinner Roll, Coconut Cream Pie 4pm- Garden Chicken Patty Salad, Roll & Dessert	28 Stuffed Pepper with Tomato Meat Sauce Garlic Mashed Potatoes Green Beans Multigrain Bread Tropical Fruit (667)	29 Good Friday No Meals Served

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