



Older Adult Work Group: Supporting our Seniors

November 20, 2019
9:00 AM – 10:00 AM

9:00 am Welcome & Introductions

“What is something you hope can be done differently or change through this process?” Specific and achievable. Big or small.

9:15 am Racial Equity Lens – County Racial Equity Training

9:20 am Results Based Accountability Review

9:25 am Review of Goals & Indicators for Older Adults

9:45 am Workgroup Structure Discussion

“How will we successfully work together and use our assets?”

“Are there resources or supports we need in place to begin the work?”

9:55 am Future Meeting Dates

January 22, 2020 (9:00am – 10:00am)

Cancer Care WNY 3085 Harlem Rd Buffalo, NY 14225

NOTES

Catholic Charities

Introduction to site

- Amanda – Older adults services for people with MH dx – Project Hope
- Foster grandparents
- Gathering place – older adult day program
- Other care coordination (overflow)
- Associates for training development
 - Work with 55+ unemployed looking to get back to workforce

Welcome & Introductions

*“What is something you hope can be done differently or change through this process?”
Specific and achievable. Big or small.*

- Look at metrics differently – more inclusive culture
- Ending stigma around receiving services
- Older adults have better access to elder abuse resources
- Barriers to accessing services – particularly around transportation
- Reach senior population we don't see yet in library – minority population increase diversity
- Access and diversity increasing – example offering services/classes on reservation
- More people using the services we currently have (60,000 rides now, need more DIFFERENT people using it)
- Mindset change in community – about older adults and their value; being on older adult doesn't start at 60; active seeking of services early
- We have a wealth of services the challenge is to make those services readily available to older adults; it's an awareness piece; transportation is a HUGE challenge, let's not reinvent the wheel and increase utilization of current services
- At this quite a while, we haven't made the community changes we want to see
 - Maybe better coordination of options
 - Look at other countries at non-traditional solutions (house shares)
- More progress with older adults – isolation and transportation challenges
- Financial restrictions on how services get paid for – cracks where people fall through and not meet eligibility requirements
- Research on social isolation and the impact on cognitive health – preventative health on dementia
- Older people not wanting to come for services because of anxiety related to co-pay
- Focus on wrap-around – lifespan approach; end stigma around receiving services; financial education
- Improve communication and coordination – break down barriers that are legacy practices – more
- Phone
 - Cancer screenings for people who don't have access to healthcare (bring in Francesca Messia) – keep saving lives

- Provide evidence based rationales for intervention – bring evidence to bear on the solutions

Racial Equity Lens – County Racial Equity Training?

- Make sure all policies take into account the affected populations
- A lot of times we think of the majority population with policy and that leaves out minority
- If we do this, what are the racial impacts
- Tool available to examine public policy
- Not limited to race – how does policy affect disabled, older adults, rural poor, etc.?
- Share RACIAL EQUITY TOOL
 - Are the right people at the table
- POVERTY INTERRUPTED TOOLS
- Focus resources for people who need them most
- Think about cost and digital

Results Based Accountability Review

- How much did we do?
- How well did we do it?
- Is anyone better off?
- Community-based goals
- What can you realistically accomplish?
- Measuring progress using impact in plan but not limited to those specific measures

Review of Goals & Indicators for Older Adults

1. Active lifestyles
 2. Accessible to all ages and physical abilities
 3. Financial security
 - a. Can add so much to financial –
- Goals determined largely by community orgs, senior services, and health department data
 - Need to include older adults is this something you are going to use
 - Ann Monroe

Workgroup Structure Discussion

“How will we successfully work together and use our assets?”

“Are there resources or supports we need in place to begin the work?”

- Divide up for goals in the plan
- Do we need steering members for each of the goals – maybe leaders for each goal?
- Breaking up goals in to component parts

- Intentional participation to increase commitment and buy-in
- Intervene earlier

Additional notes:

- Consider middle aged adults who are caring for and working with older adults?
- What's also available so the person can navigate in respite?
- The older adult population is growing and there will be more older adults than children. Large needs and gaps in services
 - o Do we have the capacity to meet these needs?
- Get outreach lists and follow-up to partners connecting to them
- Go to a Senior Center to have an experience to understand what is happening
 - o Providing meals at 48 locations
- A lot of seniors who don't go to senior centers try to find seniors more isolated
- Identify barriers to the goals
- Barriers survey for the workgroup to fill out over winter
- Timeline for work on goals
- What skills do we need to do this?
 - o Data, research, etc.
- Age Friendly Center of Excellence as a resource
- Asset Mapping – more information coming from County
- Website